The Inner Peace Sanctuary

# $\mathsf{L}\,\mathsf{O}\,\mathsf{V}\,\mathsf{E}\,\,\cdot\,\,\mathsf{E}\,\mathsf{V}\,\mathsf{O}\,\mathsf{L}\,\mathsf{V}\,\mathsf{E}\,\,\cdot\,\,\mathsf{A}\,\mathsf{W}\,\mathsf{A}\,\mathsf{K}\,\mathsf{E}\,\mathsf{N}$



# Mantras & Bhajans

INNER PEACE.IT

Invocation of the Goddess

# C | G | F

Om sarva mangala mangalye Shive Sarvartha Sadhike Sharanye Tryambake Gauri Narayani namostute Srishthi sthiti vinashanam Shakti bhute Sanatani Gunashraye Gunamaye Narayani namostute Sharanagat dinart paritran parayane Sarvasyarti Hare Devi Narayani namostute Kali Kali Mahakali Kalike pap Harini Dharma kam prade Devi Narayani namostute Kali Kali Mahakali Kalike pap Harini Sarva vigna Hare Devi Narayani namostute Jayanti mangala Kali Bhadrakali Kapalini Durga Kshama Shiva dhatri swaha swadha namostute Jay tvam Devi chamunde jay bhutarti Harini Jay sarva gate Devi Kalaratri namostute

Auspiciousness of all things auspicious! O consort of Shiva, fulfiller of all our goals! Beloved refuge! O three-eyed Gauri! O Narayani! Our salutations to you.

The power beyond all creation, preservation and destruction! O eternal one! O ground of the Gunas and embodiment of the Gunas! O Narayani! Our salutations to you.

Ever devoted to the salvation of the lowly and suffering who seek shelter with you! O destroyer of all misery! O Divine Mother! O Narayani! Our salutations to you.

Kali, great Kali, destroyer of our karma, within you is self-knowledge. Oh great mother Kali, Supreme Goddess Gracious Mother, bestower of bliss, salutations to You, Narayani Goddess of the Universe

> Oh, auspicious Mother Kali, victorious and loving, you harbour your children's suffering, Mother, who embraces the entire creation, accept from this one these prayers that have been sung to you for all of time.

> > Be Victorious slaying our demons Be Victorious saving all beings Be Victorious everywhere Oh Mother, May I surrender more completely!

# Ganesha

1.	Jai Ganesha Deva Jai Durga Ma Uma Parvati Ananda Ma (Hara) Om namah Shivaya x2 Mahadeva Shamba	dm am dm am o G dm F C dm
2.	Om Jai Sri Ganesha Sri Ganesha jaya Sri Ganesha Sri Ganesha Ganesha Ganesha jaya Ganesha-x6 jaya	D A D G D A D
3.	Om ghang Ganapati namo namaste Namo namaste namo namaste	dm C
4.	Lord Ganesha, I'm praying to you Lord Shiva, I'm praying to you Parvati, I'm praying to you All night long, with all my heart Om ghang Ganapataye namaha x 4	dm C
5.	Ganesha sharanam sharanam Ganesha	am dm em am
6.	Om Ganesha Om Ganapati Om Ganapati Om Ganapati Om	am G F am em F G
7.	Ganesha sharanam Ganesha sharanam Om ghang Ganapataye namaha	am C G am
8.	Om Ganesha Ganapataye Om Ganesha sharanam sharanam Om ghang Ganapataye namaha	am C G G F G / G E am G F E
9.	Ganapataye namaha	am C G am dm E



# Shiva

- 10. Om namah Shivaya Om namah Shivaya Shivaya namaha Shivaya namah Om Shambo Shankara namah Shivaya Giri jaya shankara namah Shivaya Arunachala Shiva namah Shivaya Hara Om Namah Shivaya Om namah Shivaya
- 11. Sachara Chara Para Purna, Shivoham, Shivoham bm A G A bm Nityananda Swaropa, Shivoham Shivoham Anandoham Anandoham Anandoham Anandoham Shivoham Shivoham Shivoham

My true nature is immortal, eternal, pure, infinite I am bliss, I am bliss, divine bliss am I I am pure consciousness, detached watcher of all I am Shiva, one with the Divine

- 12. Shankara Shiva Shankara Shiva Shankara Shambo 2x Hara Hara Hara Om Shivaya Shankara Shambo 2x Hara Bom Bolenatha Shambo 3x
- 13. Shivaya Parameshvaraya Chandra Shekaraya Namah Om Bhavaya Bhavaya Guna Shambavaya Shiva Tandabhaya Namah Om
- 14. Shiva Shankara Mahadeva Shiva Shankara Mahadev Arunachala Shiva Om Arunachala Mahadeva
- 15. He Shiva Shankara he Maheshvara 2x Sukha kare dukha hare Hara Hara Shankara 2x Om Namah Shivaya Om Namah Shivaya
- Om namah Shivaya Shivaya namah Om Jaya Shiva Shankara

(1) am / (2) E (1) am F / (2) E E+1 E E+1 am E E E+1 E

> am am dm am dm am am dm am

dm am dm am (C) G am G am

am G am am dm am am G am G am

dm Bb gm C



- 17. Hara Hara Hara Mahadeva 2x Shiva Shiva Shiva Sadha Shivay 2x Om Hara Hara Hara Mahadeva 2x Om namo namo namah Shivaya 4x Brahma Vishnu Surachitaya Om namo namo namah Shivaya 2xUma Ganesha Saravana Sevita Om Namo Namo Namah Shivaya 2xOm Namo Namo Namah Shivaya 4x
- Namah Shivay Om namay Shivay 18. Hara Hara bole namah Shivay Jatadhara Shiva Jatadhara Hara Hara bole namah Shivay Gangadhara Shiva Gangadhara Hara Hara bole namah Shivay Rameshvara Shiva Rameshvara Hara Hara bole namah Shivay
- 19. Om namah Shivaya Om namah Shiva Om Shivaya Shivaya Nataraja Shivaya (CAPO 3) Om namah Shiva Om
- 20. Om Namah Shivaya Gurudev Namaha
- Shankara Karunakara 21. Jagadishvara Parameshvara
- 22. Kailash ki Shakti Shiva Shankara ki jay jay Ganga ki jaya jaya Yamuna ki jaya jay
- 23. Hara Hara Mahadeva Shambo CF Kashi Vishvanath Gange GC CF Hara Hara Mahadeva Shambo GC Kashi Amarnath Gange Kashi Vishvanath Gange CF FGC Kashi Amarnath Gange



dm am dm G dm dm am dm am G dm

am G F G am am G F G am

am G am

CF G am

am G / am C Fam/Gam

am G

G dm

am

am

am

F

am

dm E

dm E

dm E

F

G dm

dm am

24.	Ganga Jatadhara Gauri Shankara girija mana Ramana	dm A dm C dm	n A dm
	Jaya Mrityunjaya Mahadeva Maheshwara mangala shu	bha charana	(same)
	Nandi vahana Naga bhushana		DG
	Nirupama guna sadhana		em A
	Natana manohara nila kantha Hara	dm G dm	A dm
	Niraja dala nayana	dm	A dm

Glory to the One who bears river Ganges in His hair; Glory to the One who is the husband of Parvati; Glory to the One who is beyond death; Glory to the One whose Feet spell good for every one; Glory to the One who rides the Nandi (bull). Glory to the One who has a cobra around His neck. Glory to the one who is the embodiment of unparalleled virtues; Hail the enchanting dancer, the blue throated One, Whose eyes are like the petals of a Lotus flower.

25.	Om namah Shivaya namah Om Haidakhandi Hara Hara Hara Hara Hara Hara Shankara Om namah Shivaya Gurudev satchitananda murtaye Namastasye namastasye namastasye namo namah	am F C G
26.	Hare Om Hare Om Hare Om namah Shivaya Shivaya Shivaya Shivaya	am F C G
27.	Jaya Gauri Shankara jaya Vishvanath Jaya Parvatipati Bolenath Bolenath Bolenath Jaya Paravatipati Bolenath	C C G C C F C C G C
28.	Om Arunachala Om Arunachala Arunachala Arunachala Shiva Shiva Shiva	am C F
29.	Om namah Shivaya x4 Shivaya namaha Shivaya namah Om Shiva Shambho Shankara	C am dm G

Hare Hare Hare Mahadevaya

30. Sarva mangala mangalye Shive sarvata sadhikeam dm am G E amSharanye Tryambake Gauriam dm am ENarayani namostute Narayani namostuteam dm G amOm namah Shivaya Om namah Shivaya 2xam F G am

31. Jai Ambe Ma (Durga)

Jai Ma Kali jai Mata Devi

	Jai Ma Kali Amritanandamayi	C G
32.	Ananda Ma Durgadevi Jagadambe Sri Ma Jai Sri Ma Kali Kali Ma Jai Sri Ma	C G dm am C G am
33.	Jai Ambe Jagadambe Mata Bhavani jai Ambe am Durga Vinashini Durga jayajaya Kala Vinashini Kali jayajaya Uma Rama Brahamani jayajaya Radha Rukamani Sita jayajaya	n G am G am am G am G am G am G am
34.	Jai Ma jai Jai Ma namo namah Jai Ma jai Ma namo namah	G C am G C G
35.	Jaya Mata Kali Kali Durge Ma am G am / Jai Ma jai Ma jai Ma	/ am C G am am em F G
36.	Om namo Kali, Kali Om namo am C G Oh great mother, We invoke you in this space Take away our fears, and fill us with thy grace Oh black mother, goddess of the night Burn away the darkness and fill us with your light Burn it all away Kali, burn it all away If it doesn't serve us, burn it all away	dm am C G
37.	Jaya Mata Kali, jaya Mata Durge x2 Kali Durge, namo namah x2 Kali Durge, namo namah x2 Kali Durge, namo namah x2	am G am am G am F am am G am
38.	Jaya Jagadambe jai Ma Durga	am G

- 38. Jaya Jagad Maha Kali Durge namo namah Jaya Jagadambe Ma Durga jaya Jagadambe Ma Durga Narayani Om Narayani Om He Ma Durga he Ma Durga
- 39. Jai Sri Devi namo namah namo namah

am F C G am F

40.	Om Sri Matre namaha Jay Ambe Gauri jaya Kshama Gauri Jaya Jagadambe, jai jaya Jagadamb Jai Ma Durga jai Ma Durga		am G C G am G F C F am G
41.	Om Anandamayi Chaitanyamayi Satyamayi Parameshvari	(CAPO 4	) G C G D G am G C
42.	Rupam dehi Jayan dehi Yasho dehi	Dvisho jehi	C G am F
43.	Jai Mata Gange 3x / jai jai Ma Jai Ma Ganga 4x Jai Ganga Ma	(CAPO :	am G F em 3) C em C F em
44.	Uma ananda Gauri Ma Parvati Shakti jai Shakti jai jai jai 3x Shakti jai namah Shivaya		<ul> <li>✤ C F</li> <li>G C (am)</li> <li>am   F   G</li> <li>am</li> </ul>
45.	Bhaja Mana Ma Ma Ma Ma Anandamayi Ma Ma (Ma)	8	ADADA ** AD(E)A
46.	Kali Mahakali Devi Parashakti		dm F C
47.	Om Tare Tuttare Ture swaha KD version: a		G am   dm G F am D   F C G am F C G
48.	Sarasvati Mahalakshmi Durgadevi r	amaha	am C G am C G am
49.	Om sarva mangala mangalye Shive sarvartha sadhike Sharanye Triambake Gauri Narayani namostute Om namo Narayani Narayani Amr Om namo Narayani Narayani nam Om Guru jaya guru, Om Guru Shiv I know you're always with me I trust in you completely I feel your love everywhere	ostute	am em G D Guru Shakti guru

50. Om jaya jaya Jagadambe Mata Amritanandamayi Ma am C em G am Jay Ma jay Ma jay Ma jay Ma

# Vaishnava

51.	Radhe Radhe Radhe Shyam Govinda Radhe Ja Govinda Radhe Radhe Shyam Gopala Radhe F	
52.	Om namo Narayanaya	am G (F#B & EA)
53.	Krishna Hare Krishna Krishna Hare Gopala Gopala Krishna Hare Hare Hare Krishna Hare Gopala (Gopala)	DC
54.	Tume bhajare mana Tume japare mana Om Sri Ram jai Ram Japare mana	am am F F G F am
55.	Sita Rama kaho (jai) Radhe Shyama kaho (C Sita Sita Sita Sita Ram Ram Ram Radhe Radhe Radhe Radhe Shyam	APO 3) am C G am
56.	Jai jai jai Hanuman Jai jai Mahavira Sita Ram Bolo Jai Sita Ram Bolo	am E E am am E E dm am
57.	Sri Ram jai Ram Jai jai Ram Hare jai jai Ram Hare Sita Ram Sita Ram	C G am F
58.	Hare Rama Rama Ram Sita Rama Rama Ram Ram Ram Sita Ram, Ram Ram Sita Ram x 2 Sri Ram Jaya Jaya Jaya Jaya Ram x2	bmDAbm   bmAGbm bm A bm bm A G bm
59.	Sri Mati Radharani Govinda jayajaya Sri Mati Maharani Gopala jayajaya Govinda jaya jaya Gopala jayaya Radharamana Hare Govinda jayajaya Sri Krishna Govinda Hare Murare	am em dm G am

He Natanarayana Vasudevaya +Mahamantra

60.	Fly, fly high, let the Earth touch the sky Om Sri Rama Sri Rama jai jai Rama Om Sri Rama Sri Rama jai jai Rama		C em d C em d	
61.	Jai jai Radha Ramana Haribol Haribol Haribol +MM	am G / C	am G em G 5 em am / am G em	
62.	Devakinandana Gopala Devakina Gopala Govinda Govinda Gopal		pal	
63.	Om Namo Bhagavate Vasudevay Vasudevay Vasudevay Vasudevay		am G F C	am
64.	Om Sri Krishna Chaitanya prabhu Sri Advaita Gadadhara Gadadhar Srivasadhi Gaura Bhakta Vrinda	•	CFC	C G F C G C
65.	Hari sharanam Krishna sharanam Sri Shyam sharanam prabhu Krish Govinda jaya jaya Gopala jaya ja Radharamana Hari Govinda jaya	ina sharana aya	am F C	am
66.	Jaya Radha Madhava jai kunja bi Jaya gopi jana vallabha jai giri va Yashodanandana braja jana ranja Jamuna tira vana chari	ara dhari	_	m C
	Krishna is the lover of Radha. He displays many a is the lover of the cowherd maidens of Vraja, the beloved son of mother Yashoda, the delighter of forests along the banks of the River Jamuna.	holder of the g	reat hill named Govardhana,	, the
67.	Gopi kamala Hari bihari Mayi mira mana vihari Madhana Mohana Murali dhari I Krishna jai Krishna jai / Gopala b		C G F adha Krishna jai	G C
68.	Raghupati Rāghava Rājārām Patita Pāvana Sītārām Sītārām, Sītārām, Sītārām, Sītārān Hanumana ki jai Hanumana ki ja		dm	n am
69.	Radhe Radhe Bolo Radhe Radhe	Shyam	A G F# E / bm G A /	G A

70. Radharani ki Jai Maharani ki Jai	C am
Bolo Radhe Govinda ki Jai Jai Jai	F C
Radhe Radhe Shyam Bolo Radhe Radhe Shyam	C am
71. Amazing Grace how sweet the sound that saved I once was lost but now I'm found Was blind so blind but now I see (+Mahamantre	DCbC
72. Jai Radha jai Radha jai Govinda jai Gopala Jai Radhe jai Radhe Mukunda Madhava Hare M Hare Krishna Hare Krishna Krishna Krishna Hare Hare Rama Hare Rama Rama Rama Hare Hare	
73. Radhe Radhe Radhe Shyam	dm
Govinda Radhe Radhe / Gopala	dm am / am em
Radha Ramana Om Hare - Radhe Radhe	em dm
74. Govindam Adi Purushaam Tamaham Bhajame	em am D
75. Govinda Narayana Gopala Narayana 2x	dm C dm
Govinda Gopala Narayana 2x	dm C dm
Hare Govinda Gopala Narayana 2x	F C am dm
76. Jai Radhe jai Radhe Gopal	C am C am
Bhaja mana jai Radhe	C G C
Radhe Radhe Radhe, oh Radhe Radhe Radhe	C am dm C
<ul> <li>77. Govinda Radhe Govinda Radhe Govinda Govinda Gopala Radhe</li> <li>I) Bhakta Vatsala Tuma Mama Priya Govinda Govinda Gopala Radhe</li> <li>II) Bhakta Vatsala Bhagavata Priya Govinda Govinda Gopala Radhe</li> </ul>	dm F F C dm
78. Radhe Govinda jaya Radhe Govinda Radharamana hare Radhe Govinda Radhe Radhe jaya jaya jaya jaya Radhe Govinda jaya jaya Gopala jaya jaya Radharamana	cm# A fm# G# (open) hare Govinda jj
79. Gopala Govinda Krishna Vasudeva	am
Radhika Chandrika Gauri Krishna Vasudeva	am G am
Vasudeva Hare Vasudeva Om Hare Vasudeva	C G am

- 80. Ayodhya Vasi Ram Ram Ram Dasharathanandana Ram Patita Pavana Janaki Jivana Sita Mohana Ram
- 81. Rama Bolo



dm G C am dm G C

bm A | bm G A

82. Namo namo namo namo Anjani-nandanaya C F Jaya Sita Ram jai jai Hanuman C F / dm F
I) Jai Bajarangabali Baba Hanuman Sankata Mochana Kripa Nidhan
II) Jai Bajarangabali Baba Hanuman / Karuna Sagara Kripa Nidhan
III) Jai jai jai Hanuman Gosaai / Kripa karahu Gurudev ki nahi
Sankata Mochana Kripa Nidhan / Laala Langotta, Laala Nishaan
Hare Rama Rama Ram Sita Rama Rama Ram

I bow, I bow again and again to Anjani's son, Hanuman. Victory to Sita and Ram, Victory to Hanuman. Victory over the darkness of suffering. Victory to the one with the body of a thunderbolt. My Baba, Hanuman. You are home of all Grace. Destroy all my problems, calamities and sufferings. Hail My Lord Hanuman. You are my Guru, bestow your Grace on me. You are the destroyer of Suffering, the abode of Grace. You wear a red shawl and carry a red flag.

83.	Govinda Hare, Gopala Hare He Prabhu-Deena Dayaala Har	re	C F C G F C G C
84.	Sri Krishna Sharanam Sri Krishna Govinda, Hare Mu He Nathanarayana Vasudevay		A D A E
85.	Sita Ram jay jay Ram Sita Ram jay jay Ram	(Akari/Tom)	am C G F dm C am G
86.	My foolish Heart, why do you You throw yourself away again My foolish Heart, when will y You are the eyes of the world Govinda Bhaja Govinda Radhe Radhe Govinda Govind Govinda Bhaja Govinda	n now you cry yourself ou learn? and there's nowhere els	·
87.	Radhe Radhe Radhe Shyam Govinda Gopala Radhe Radhe		dm C Bb A Bb gm C A

88. When the rain falls down from a cloudy sky am C G am It's the Father healing the Mother When the green things grow and the rivers flow It's the Mother healing the Father And the Mother needs the Father to be green green green And Father needs the Mother to be born And a sister needs her brother like a baby needs its mother And we all need each other to be whole Sri Radhe Radhe Govinda, Sri Radhe Radhe Gopal Hare Krishna Hare Krishna Krishna Krishna Hare Hare Devakinandana Gopala

89.	Govinda Radhe Gopala Radhe Devakinandana Gopala	am C am C am F C G
90.	Maha mantra Sri Krishna Govinda Hare Murare He Natha Naryana Vasudevaya Sri Krishna Caitanya Prabhu Nityananda Hare Ram Radhe Shyam Radhe Govinda Radhe Shyam Radhe Shyam	G C G D C D G em G
91.	Holding me in your arms' vast embrace	am em C G D

91. Holding me in your arms' vast embrace Only love shining in endless space All I need is to be with you All my prayers have been heard All I want is to rest inside Your heart as wide as the world I looked away Your beauty too much to bear Where could I run? Your eyes I found them everywhere All I want is to sing to you The song that no one has heard All my life has led me to A heart as wide as the world Shri Ram jay Ram jay jay Ram

FCG am

FCG am

FCG

CGD

# 92. Shree Hanuman Chalisa

The Gate of Sweet Nectar

## Shri Guru charana saroja raja nija manu mukuru sudhari

Taking the dust of my Guru's lotus feet to polish the mirror of my heart

#### Baranaun Raghubara bimala jasu jo daayaku phala chaari

I sing the pure fame of the best of Raghus, which bestows the four fruits of life.

# Buddhi hina tanu jaanike sumiraun pavana kumaara

I don't know anything, so I remember you, Son of the Wind

### Bala budhi vidyaa dehu mohin harahu kalesa bikaara

Grant me strength, intelligence and wisdom and remove my impurities and sorrows

#### Siyavara Rāmachandra pada jai sharanam

I take refuge at the feet of Sita's husband Rama

# 1. Jaya Hanumaan gyaana guna saagara,

# Jaya Kapisha tihun loka ujaagara

Hail Hanuman, ocean of wisdom/ Hail Monkey Lord! You light up the three worlds.

## 2. Raama duta atulita bala dhaamaa

## Anjani putra Pavanasuta namah

You are Ram's messenger, the abode of matchless power/ Anjani's son, "Son of the Wind."

# 3. Mahavira bikrama bajarangi, Kumati niwaara sumati ke sangi

Great hero, you are a mighty thunderbolt/ Remover of evil thoughts & companion of the good.

## 4. Kanchana barana biraaja subesaa,

Kaanana kundala kunchita kesaa Golden hued & splendidly adorned/ with heavy earrings & curly locks

#### 5. Hatha bajra aura dwajaa biraajai,

# Kaandhe munja janeu saajai

In your hands shine mace and a banner/ a sacred thread adorns your shoulder.

#### 6. Shankara suwana Kesari nandana, Teja prataapa mahaa jaga bandana

You are an incarnation of Shiva and Kesari's son/ Your glory is revered throughout the world.

## 7. Vidyaavaana guni ati chaatura, Raama kaaja karibe ko aatura

You are the wisest of the wise, virtuous and very clever / ever eager to do Ram's work

#### 8. Prabhu charitra sunibe ko rasiyaa, Raama Lakhana Sita mana basiyaa

You delight in hearing of the Lord's deeds / Ram, Lakshman and Sita dwell in your heart.

#### 9. Sukshma rupa dhari Siyahin dikhaawaa, Bikata rupa dhari Lankaa jaraavaa

Assuming a tiny form you appeared to Sita / in an awesome form you burned Lanka.

# 10. Bhima rupa dhari asura sanghaare,

## Ramachandra ke kaaja sanvaare

Taking a dreadful form you slaughtered the demons / completing Lord Ram's work.

#### 11. Laya sajivana Lakhana jiyaaye // Shree Raghubira harashi ura laaye

Bringing the magic herb you revived Lakshman/ Shri Ram embraced you with delight.

#### 12. Raghupati keenhee bahuta baraai // Tuma mama priya Bharatahi sama bhaai

The Lord of the Raghus praised you greatly / "You are as dear to me as my brother Bharat!"

# 13. Sahasa badana tumharo jasa gaawain,

## asa kahi Shripati kanta lagaawain

"Thousands of mouths will sing your fame!"/ So saying Lakshmi's Lord drew you to Himself.

### 14. Sanakaadika Brahmaadi munisaa,

# Naarada Saarada sahita Ahisaa

Sanak and the sages, Brahma, and the munis / Narada, Saraswati and the King of serpents,

#### 15. Yama Kubera digapaala jahaante,

# kabi kobida kahi sake kahaante

Yama, Kubera, the guardians of the four quarters / poets and scholars-none can express your glory.

#### 16. Tuma upakaara Sugrivahin kinhaa, Raama milaaya raaja pada dinhaa

You did great service to Sugriva / bringing him to Ram, you gave him kingship.

#### 17. Tumharo mantra Bibhishana maanaa, Lankeshwara bhaye saba jaga jaanaa

Vibhishana heeded your counsel/ He became the Lord of Lanka, as the whole world knows.

#### 18. Yuga sahasra yojana para bhaanu,

# lilyo taahi madhura phala jaanu

Though the sun is millions of miles away/ you swallowed it thinking it to be a sweet fruit.

#### 19. Prabhu mudrikaa meli mukha maahin // Jaladhi laanghi gaye acharaja naahin

Holding the Lord's ring in your mouth /it's no surprise that you leapt over the ocean.

20. Durgama kaaja jagata ke jete, sugama anugraha tumhare tete Every difficult task in this world

becomes easy by your grace.

# 21. Raama duaare tuma rakhawaare,

#### hota na aagyaa binu paisaare

You are the guardian at Ram's door/ no one enters without your permission.

#### 22. Saba sukha lahai tumhaari sharanaa,

#### tuma rakshaka kaahu ko daranaa

Those who take refuge in you find all happiness / those who you protect know no fear.

## 23. Aapana teja samhaaro aapai tinon loka haanka ten kaanpai

You alone can withstand your own splendor / the three worlds tremble at your roar.

#### 24. Bhuta pisaacha nikata nahin aawai,

#### Mahaavira jaba naama sunaawai

Ghosts and goblins cannot come near / Great Hero, when your name is uttered.

# 25. Naasai roga hare saba piraa, japata nirantara Hanumata viraa

All disease and pain is eradicated/ by constantly repeating of your name, brave Hanuman.

#### 26. Sankata sen Hanumaana churaawai // Mana krama bachana dhyaana jo laawai

Hanuman, you release from affliction all those/ who remember you in thought, word, and deed.

## 27. Saba para Rama tapaswi raja tina ke kaaja sakala tuma saajaa

Ram, the ascetic king, reigns over all/but you carry out all his work.

# 28. Aura manorata jo koi laawai, so-i amita jiwana phala paavai

One who comes to you with any yearning / obtains the abundance of the Four Fruits of Life.

#### 29. Chaaron juga parataapa tumhaaraa // Hai parasiddha jagata ujiyaaraa

Your splendor fills the four ages / your glory is renowned throughout the world.

#### 30. Saadhu santa ke tuma rakhavaare,

# asura nikandana Rama dulaare

You are the guardian of saints and sages/ the destroyer of demons and the darling of Ram.

## 31. Ashta siddhi nau nidhi ke daataa

# Asa bara dina Jaanaki Maataa

You grant the eight powers and nine treasures / by the boon you received from Mother Janaki.

## 32. Rama rasaayana tumhare paasaa // Sadaa raho Raghupati ke daasaa

You hold the elixir of Ram's name/ and remain eternally his servant.

### 33. Tumhare bhajana Raama ko paavai // Janama janama ke dukha bisaraawai

Singing your praise, one finds Ram/ and the sorrows of countless lives are destroyed.

## 34. Anta kaala Raghubara pura jaa-i // Jahaan janama Hari bhakta kahaai

At death one goes to Ram's own abode/ born there as God's devotee.

#### 35. Aura devataa chitta na dharai // Hanumata se-i sarva sukha karai

Why worship any other deities/ from Hanuman you'll get all happiness.

## 36. Sankata katai mite saba piraa, jo sumire Hanumata bala vira

All affliction ceases and all pain is removed / for those who remember the mighty hero, Hanuman.

#### 37. Jai jai jai Hanumaana Gosaai, kripaa karahu gurudeva ki naa-i

Victory, Victory, Victory Lord Hanuman / bestow your grace on me, as my Guru!

#### 38. Jo sata baara paata kara ko-i, chutahi bandi mahaa sukha hoi

Whoever recites this a hundred times/ is released from bondage and gains bliss.

## 39. Jo yaha parai Hanumaana chaalisaa

# Hoya siddhi saakhi Gaurisaa

One who reads this Hanuman Chalisa / gains success, as Gauri's Lord (Shiva) is witness.

## 40. Tulasidaasa sadaa Hari cheraa Kijai naata hridaya mahaan deraa

Says Tulsi Das, who always remains Hari's servant'/ "Lord, make your home in my heart."

Pavanatanaya sankata harana mangala murati rupa

Son of the Wind, destroyer of sorrow, embodiment of blessings

Raama Lakhana Sita sahita Hridaya basahu sura bhupa With Ram, Lakshman & Sita, Live in my Heart, King of Gods!

Siyavara Rāmachandra pada jay sharanam

I take refuge at the feet of Sita's husband Rama

Mangala Murati Marutananda Sakala amangala mula nikandana Son of the wind, embodiment of blessings and auspiciousness, you eradicate the root of all that is inauspicious

#### Sri Ram jay Ram jay jay Ram (bolo) Sri Ram jay Ram jay jay Ram Sita Ram Sita Ram Sita Ram Sita Ram



# Gurudeva

93.	Om namo Gurudev namo Gurudev Gurudev namo	C am C am (G)
94.	Satchitananada Guru Satchitananada Ananda Guru Om Shivananda Guru Om	am G am
95.	Guru Brahma Guru Vishnu Gurudeva Mahesh Guru Sakshat Parambrahma Tasmaye Shri Gur	
96.	Jaya Bhagavan em bm	G A em / A em A em
97.	Closer than breath, you are the air Sweeter than life itself, you are here I am a wanderer, you are my peace I am a prisoner, you are release	CbC
	Jai Gurudev	CFbC
	I am a pilgrim, your road so long I am the singer, you are the song Held in the open sky, so far above I am the lover, you are the love	
	Jai Gurudev	
	I follow your footsteps through the flame All that I ever need is in your name Carry your heart in mine, vast as space All that I am today is by your grace. By your Grace I live by your grace.	

98.	Om Guru Brahma Guru Vishnu Gurudeva Maheshvara Gurudeva Parambrahma	F C em F C em F C em
	Tasmaye Sri Gurave namo	F C em
	Mere Gurudev	em   C   am   em
	Mere Guru, he Krishna karuna sindhu	em
	Dina bandho jagatpatey	em
	Gopesha Gopikakanta Radhakanta namastute	C am
	Mere Gurudev	em   C   am   em
	You are my light where there is darkness	F C em
	You're bliss and truth in our Hearts	F C em
	Always your love, pure and immortal	F C em
	Your are Brahma, Vishnu, Shiva	FC
	You are One	em
	Om namo Bhagavan	em am
	Om namo Bhagavan	FC em   am

99. Mere Gurudev, charanon par sumana shradha ke arpita he
Tere hi den he jo he, wahi tujha ko samararpita he
Na priti he pratiti he, na hi puja ki shakti he
Meraa yaha man, meraa yaha tan, meraa kan kan samarapita he
Tuma hi ho bhava men mere, vicharon men, pukaron men
Banaale yantr ab mujhko mere saravatr samararpita hai

My Gurudev I offer these flowers of my faith at your feet. Whatever I have, you have given to me, and I dedicate it all to you. I have no I I know you. I don't even have the strength to worship you, But this mind of mine, the You are the only one in my heart and r Now Make me your instrument...all I am I offer to you.

100. Om Gurudev Neem Karoli Baba namaha am F C F am F G am Om Gurudev Sri Mata Amritanandadevi namaha Om Gurudev Sri Bhagavan Ramana namaha Sri Ram jai Ram jai jai Ram

# Gurumukhi Mantras

101. Rakhe Rakhanhaare Aap Ubaarianam F CGuru Ki Peri Pa-eh Kaje Savaariandm am E amHoa Aap Day-aal Manhoa Naa Visaarianam F CSadaa Janaa Kai Sangha Bhavajaale Taariandm am E amSakate Nindake Dushte Kinhe Ma-eh BidaarianE amTis Sahibe Ki Taykhe Naanak Man-eh Ma-ehE amJis Simrate Sukhe Ho-eh Sagale Dukha Ja-ehE am

The Divine is looking out for us, giving us the light, and taking care of our affairs. The Divine is merciful, and never forgets us, guides us, giving us good people to help us. The Divine does not allow hurt to come to us. I take comfort in the thought of the Divine. When I remember the Divine, I feel peaceful and happy and all my pain departs.

#### 102. Ek Onkar Sat Nam Karataa Purakh Nir'bhao Nir'vair Am Em G F Am Akaal Murat Ajuni, Saibhan, Gur Prasaad Jap Aad Sach, Jugaad Sach Hai Bhee Sach, Nanak Hosee Bhee Sach

Universal Oneness, The supreme Unchangeable Truth, The Creator of the Universe, Beyond Fear, Beyond Hatred, Beyond Death, Beyond Birth, Self-Existent, by the Guru's Grace True in the beginning, true throughout the ages, true even now, Nanak, truth shall ever be.

#### 103. Chattra Chakkra Varti, Chattra Chakkra Bhugate, Suyambhav Subhang Saraba Daa Saraba Jugate. Dukaalang Pranasi, Diaalang Sarupe, Sadaa Anga Sanghe, Abhangang Bibhute

You are pervading in all the four directions, the enjoyer in all the four directions. You are selfillumined, profoundly beautiful, and united with all. Destroyer of the torments of birth and death, embodiment of mercy. You are ever within us. You are the everlasting giver of indestructible power.

#### 104. Aad Gure nameh / Jugad Gure nameh Sat Gure nameh / Siri Gurudeve nameh

G C (open)

I bow to the Primal Wisdom. I bow to the Wisdom through the Ages.

I bow to the True Wisdom through the

I bow to the great, unseen Wisdom



# Prayers

- 105. Om Namo Amitabhaya Buddhaya Dharmaya Sanghaya Om Namo x3 Amitabhaya
- 106. Om bhur bhuvah svaha Tat savitur vareniyam Bhargo devasya dhimahi Dhiyo yo na pratchodayat



am dm am em am am G F E

am em F G

We meditate on the effulgent glory of the divine Light; May it inspire our understanding.

107. Suddhossi Buddhossi Niranjanosi	em am7 D em
Samsara Maya Parivar Jitosi	D am7 D em
Samsara Savapanam Traja Mohan Nidram	D am7 D em
Na Janma Mrityor Tat Sat Svarupi	D am7 D em

You are forever pure, you are forever true And the dream of this world can never touch you So give up your attachment & give up your confusion And fly to that space that's beyond all illusion

Tu eres siempre puro, eres verdadero Y el sueño del mundo nunca te tocara Deja los apegos, deja la confusion Y vuela mas alla de toda illusion

108. Yeh zamin jab na thii yeh jahaan jab na thaa Raaz-e-haq bhi kisi per ayaan jab na tha Tab na tha kuch yahaan (tha magar tu hii tu) Allahu, Allahu, Allahu

The time when there was neither land nor the world [and] when truth was not known to anyone. At that time there was nothing except you. God is Truth.

109. Om asatoma sat gamaya Tamasoma jyotir gamaya Mrityorma amritam gamaya Oh Lord, lead me from the unreal to the real Lead me from darkness to the light (From the earth to the open sky) Lead me from death to eternal life am G am G G C em em

CG

#### 110. Prabhu aap jago 3x Paramatma jago Mere sarve jago Sarvatra jago Prabhu aap jago Paramatma jago

Awaken and go toward God, beyond the darkness of ignorance and illusion. Go beyond all apparent things and establish yourself everywhere.

111. And all of the darkness of this human life	F C
is enlightened by the light that i am	dm A
the essence of all the essence of all	F C
you're the one that i bow down to/the essence of all	dm A#
And I am the light	Gb A#
I am the way	Db7 C
I am the Truth of who I am	Gb Db
I am that I am	C C7
112. Lokah Samasta Sukhino Bhavatu	am F C G

Sarvesham Svastir Bhavatu Sarvesham Shantir Bhavatu Sarvesham Purnam Bhavatu Sarvesham Mangalam Bhavatu Lokah Samasta Sukhino Bhavatu सर्वेषां स्वस्तिर्भवतु । सर्वेषां शान्तिर्भवतु । सर्वेषां पूर्नं भवतु । सर्वेषां मड्गलं भवतु ॥

May all beings everywhere be happy, peaceful, fulfilled & liberated.



# Closing Prayers C Bb (open)

Om tryambakam yajāmahe Sugandhim pushtivardhanam Urvā-rukamiva bandhanān Mrityor mukshīya māamritāt Om sarvesham svastir bhavatu Sarvesham shantir bhavatu Sarvesham purnam bhavatu Sarvesham mangalam bhavatu Sarve bhavantu sukhinah Sarve santu niramayaah Sarve bhadrani pashyantu Ma kash-chid-dhukha-bhag-bhavet Asatoma sat gamaya Tamasoma jyotir gamaya Mrityorma amritam gamaya Om purnam adah purnam idam Purnat purnam udachyate Purnasya purnam adaya Purnam evavashishyate Om shanti shanti shanti Om Sri Gurubhyo namaha Hari Om Om – We offer our obeisances to fragrant, three-eyed Lord Shiva who enhances our thriving. May he liberate us from the bondage of mortality, like the fruit effortlessly separates from the vine

Om – May well-being be unto all. May peace be unto all. May fullness be unto all. May auspiciousness be unto all.

May all be happy. May all be healthy. May all look to the good of others. May none suffer from sorrow.

Lead me from the unreal to the real. From darkness to light From the illusion of death to the realization of immortality.

Om – That is whole. This is whole. From the whole springs forth the whole.

When taking the whole from the whole what remains is still the whole.

Om Peace, Peace, Peace Om divine teachers, we bow to you



